## Third Time's a Charm!

Change of Venue!



WORKSHOP

**RE-RESCHEDULED DATE!** 

## Body, Mind & Spirit: A Cantor TUNE UP Workshop!

 Honing the skills & mindsets to be effective animators of the assembly's song -



Saturday, April 6 8:30 AM - 2:30 PM Lunch included!

**Visitation Catholic Church** 

5141 Main Street, Kansas City, MO (816) 753-7422

Facilitated by over 20 cantor ministry mentors!

Click here to register, or go to: www.npminkc.com

Sponsored by MO & KS Chapters of NPM

\$20 donation at the door through cash, check, or credit card

If you would like to receive NPM emails about upcoming offerings, please sign up on the "Contact Us" page of our website: www.npminkc.com

## **Included in your Cantor Tune Up:**

LARGE GROUP: Mind, Body & Spirit



Spirituality of Cantor - Cantor "Job Description" - Skill Sets needed to be an effective cantor - Sharing our Stories - Facilitated by Ron Sondag, Pastoral Associate, Good Shepherd Parish, Smithville, MO

WHY are we cantors? - Cantor as animator of song -





HOW do we use this voice of ours? Techniques and Logistics for Cantors - Posture - Gesture - Diction - Eye Contact and so much more! - Facilitated by Alejandro Manso, Director of Liturgy and Music, Visitation Parish, Kansas City, MO.





WHAT happens when we sing? Keeping our voice happy and well - Owning our moments of truth on Sunday morning - Understanding our vocal mechanism while meeting the demands of living - facilitated by Maria Milazzo, Director of Music, Nativity of Mary Parish, Independence, MO



- SMALL GROUP: Opportunity to find support and encouragement as we sing for one another in a nurturing environment. A cantor trainer and mentor will facilitate within the small group setting so each participant has an opportunity to sing "among friends" in a practicum setting, if they choose.
- LUNCH, of course! A delicious and substantial box lunch is included in your registration, as well as various beverage choices!
- An opportunity to NETWORK with other cantors!
- Time to PAUSE & REFLECT!
- Time to recharge your liturgical and spiritual batteries!
- INSPIRIATION to bring us through the bleak of winter!